



# REDMOND HIGH SCHOOL TRANSITION KIT FOR FAMILIES



# WHAT PARENTS NEED TO KNOW...



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# WHAT ARE SOME DIFFERENCES BETWEEN MIDDLE AND HIGH SCHOOL?



## Middle School Expectations

**Curriculum:** Teachers and students work together to choose classes that fulfill requirements, as well as allow students to explore new subjects. Most classes are pre-determined with limited elective options.

**Student clubs:** Most clubs are run by the ASB and students can explore without extended commitments. Most student clubs are held during in-school hours.

**Teacher Communication:** Students are expected to advocate for themselves by taking responsibility for teacher communication, with continued parent guidance as needed. There are no scheduled parent/teacher conferences; teacher/counselor meetings can be scheduled upon request.

## High School Expectations

**Curriculum:** Students begin to choose courses based on rigor and post graduate paths. Students take charge of their own learning and set goals for graduation. Honors and AP courses are more available, and student focus and attendance become paramount.

**Student clubs:** Most clubs are run by the ASB. Many focused clubs are offered to give students experiences for post-graduate paths. These opportunities become much more targeted, and involvement is highly recommended as it shows a well-rounded, involved student.

**Teacher Communication:** Students are expected to communicate directly with their teachers and counselors and build relationships. This can often be helpful when requesting letters of recommendation for graduation. There are no scheduled parent/teacher conferences.

# WHAT ARE THE MAIN COMMUNICATION LINES BETWEEN SCHOOL AND FAMILIES?



## School Communication

**Mustang Days:** Each August Mustang Days welcomes Freshman students to campus for activities and information sessions led by our RHS Leadership students.

**ASB Instagram:** This is an excellent way for students to keep on top of ASB and student led programs and events.

**Curriculum Night:** At the beginning of the year, parents experience your student's daily schedule with teachers.

**RHS Weekly Bulletin:** Principal VanderVeer updates families each week with a detailed bulletin via email.

**Emails:** The school principal, teachers, counselors, and staff are available via email for discussions or meetings

**Counselor Bulletin:** The counseling department updates families with periodic bulletins focused on scheduling, graduation requirements, and mental health issues.

**School Website/Social Media:** Be sure to bookmark the school website and follow the school social media pages.



Redmond High School

## PTSA Communication

**PTSA Weekly Newsletter, *Mustang News*:** The PTSA is a major link between school and families. Be sure to sign up for this weekly newsletter to get the most accurate, up-to-date information.

<https://redmondhs.ptboard.com/school/cm?mid=2847>

**PTSA Meetings:** As members of the PTSA, you are invited to General Membership Meetings every other month. These are a great way to hear directly from our principal, meet other parents, and learn more about the many events and opportunities at Redmond. Meeting schedule:

<https://redmondhs.ptboard.com/school/cm?mid=2847>

**PTSA Website/Social Media:** It is important to bookmark the PTSA website and follow the PTSA social media pages. PTSA and school information is always updated to these areas. <https://redmondhs.ptboard.com/home>



## District Communication

**District Emails:** Watch your inbox for important weekly emails regarding district-wide updates and information.

**District Website:** It is important to bookmark the LWSD website for the most accurate and up-to-date district information. <https://www.lwsd.org/>

**District/School Notifications:** There are several notifications you can sign up for through the district, be sure to update your profile on Skyward so you get the notifications you need. These notifications may include school emergencies, missing assignments, or updates on assistance for those in need.

<https://www.lwsd.org/students-families/for-students-and-families>



# WHAT SYSTEMS ARE USED TO KEEP TRACK OF STUDENT ASSIGNMENTS, GRADES, AND FEES?



**Redmond High School Website:** The school website is the hub for school information. This site will help you find information on club, sports, and activities, course catalogs, daily schedules, curriculum updates, school calendar, and connect you to the RHS staff.

**Microsoft Teams:** New to LWSD during COVID-19 remote learning, this system is used district-wide for virtual classrooms, assignments, virtual events, gradebooks, and all student communication. Additional systems such as WellNet, OneNote, Amplify, Big Ideas Math, Turn It In, PowerSchool Learning, or FlexiSched may also be used for specific classes. Students receive training on these systems as needed.

**LWSD Website:** The district website is a wealth of information. This site can be used to not only access Skyward but to also track school buses, register for athletics, add funds to lunch programs, watch the district calendar, and pay any online fees or fines.

**Skyward Family Access:** This district system is still used to track student grades, test scores, attendance, schedules, and academic history.

**School Fees:** Most fees can be paid through the LWSD website or directly to the Redmond High School Bookkeeper. Some fees that can be expected in high school may include:

- **ASB Fee** - Students who wish to participate in after-school sports, music, clubs, or activities are required to pay an ASB fee – typically between \$25 and \$50.
- **Classroom Supplies** – Some classes may require an additional fee to cover supplies.
- **PE Clothes and Spirit Wear** – PE uniforms are required when enrolled in a PE class. Spirit Wear, when available, is not required.
- **Lunch Accounts** – Student lunch accounts that can be replenished through the LWSD website
- **Club or Team fees** – There are often additional fees that need to be paid to participate in competitive clubs and sports; these fees vary per activity.
- **Parking Pass** – Passes are required for students to park in school parking lot. Limited free street parking is also available.
- **Yearbook** – Annual yearbooks can be ordered, typically between \$50 and \$75 each. There are typically multiple opportunities to purchase yearbooks throughout the year.
- **Fines** – Fines may accrue due to late library books, laptop repair, unreturned uniforms or equipment, etc.
- **Fundraising** – The school, the PTSA, and the counseling department run fundraising programs to help offset the costs of programs for students and to help families in need

**PTSA:** The Redmond High School PTSA is a robust organization that works directly with the school to foster communication between parents and the school. The PTSA provides staff grants, student scholarships, various student programs, and many family education and outreach programs. PTSA memberships and donations can be made during Curriculum Night or the PTSA website.

**Scholarships:** Financial assistance is always available if needed through the PTSA. These scholarships are completely confidential and handled through the counseling office.

# WHAT TO EXPECT FOR ACADEMICS AND TESTS DURING THE SCHOOL YEAR?



**Course Catalog:** The annual course catalog can be found on the school website. This catalog will list all available classes offered for students as well as information on class paths for middle school. Students will work with their parents, teachers, and counselors to determine the best classes each year. Class choices are typically submitted in January.

**Final Schedules:** Final schedules are typically released no earlier than one week before classes begin. Please note that when class requests are submitted each year, these are not guaranteed. Class placement is dependent on several factors including previous grades, pre-requisite completion, space availability, etc.

**Schedule Changes:** Students have the opportunity to request schedule changes at the beginning of each semester. This process is done through a form at the counseling office.

**Core Classes:** This term refers to classes that are required for all students to complete each year in order to move on to the next grade level or to meet graduation requirements.

**Elective Classes:** This term refers to classes that students can choose based on their specific interests. There are elective requirements that students must take each year. Electives give students an opportunity to explore subjects that they may not see during a typical school year.

**Class Curriculum:** A short description of each class can be found in the course catalog. A full syllabus for each class will be handed to each student at the beginning of the semester. It is expected that this syllabus be read, discussed, and signed by both students and parents and then returned to teachers.

**Homework:** Homework is assigned daily but will vary by class. Honors and AP courses can expect significantly more homework than other classes. Grades can be checked on the LWSD site, as well as the MS Teams pages for each class.

**Tests and Exams:** Tests will be administered periodically and will vary by class. Midterm and final exams are important and will occur in most classes to ensure all students are reaching standards. Test and exam expectations will be clearly stated in the syllabus for each class. Standardized SBA tests will also be administered during certain years.

**PSAT/SAT** – The PSAT is automatically taken by all sophomores at no charge. The PSAT is also available for juniors who wish to be considered for national merit scholarship; there is a fee for this test. The SAT and ACT tests are available to students for college paths through College Board. Practice tests are also offered for these tests through the Redmond High School PTSA.

**Standardized Tests:** Various standardized tests will be used throughout the school year. Information on these tests will be clearly communicated through school communication channels.

**English Language Learning:** Classes are offered to empower new English-speaking students to both participate in classroom curriculum and attain English proficiency.



# WHAT CLUBS AND ACTIVITIES ARE AVAILABLE TO STUDENTS?



## ASB Clubs and Activities

There are many clubs offered to students at RHS that focus on a variety of different subjects and interests. Clubs often vary year by year, depending on interest. Students are always welcome to start a new club with the support of the ASB and a staff sponsor. While most clubs are casual, many have a competitive level that may include travel and competitions. Involvement in clubs can often be a positive addition to college applications. Each year students have the opportunity to learn about each club and sign up to join during the annual club day. Be sure to encourage your students to find a club or activity that fuels a passion; it's a wonderful way to not only broaden their education but also meet new friends. Check out the current list of 2020/2021 RHS clubs:

ACLU	Civic Engagement Club	Girls Who Code	National Honor Society
AI Club	Creative Writing	Graphic Design Club	Peer Tutoring Club
Art Club/National Art HS	Culinary Club	Green Team	Photography Club
Asian Appreciation Club	Dance Club	Hack Club	Physics Club
ASL Honor Society	DECA	HOSA	Random Acts of Kindness Club
ASTRONET	Desi Club	Interact	RHS Reads
AWARE	Drama Club & Thespian Honors Society	Japan Club/Japanese NHS	SAGA
Band & Orchestra	Dungeons and Dragons	Key Club	Science Bowl
Black Student Union	E-Sports Club	Knowledge Bowl	Science Olympiad
The Blaze Newspaper	Feminism	K-Pop Club	Smash Bros
Calligraphy Club	Film Analysis Club	Latinos Unidos	Spanish NHS
Chemistry Club	Filmmaking Club	Math Club	Speech & Debate
Chess Club	French Club	Multicultural Club	Wellness Club
Choir	Games Club	Musician's Society	
		Muslim Student Association	

# WHAT ATHLETICS ARE AVAILABLE TO STUDENTS?



## Mustang Athletics

Multiple sports are offered at the high school level; these sports are played during three different seasons. Depending on the level of competition, some sports have cuts through try-outs (C), while others offer positions for all students and are no-cut sports (NC). Sports are offered at various competitive levels: Varsity, Junior Varsity, and C teams.

### Fall Athletics

Cross Country (NC)	Varsity, JV
Football (NC)	Varsity, JV, C
Golf - Boys (C)	Varsity, JV
Soccer - Girls (C)	Varsity, JV, C
Swim - Girls (NC)	Varsity, JV
Tennis - Boys (NC)	Varsity, JV
Volleyball (C)	Varsity, JV, C

Softball Slowpitch (NC)

Cheer Team (C)	year long
Dance Team (C)	year long

### Winter Athletics

Basketball - Boys (C)	Varsity, JV, C
Basketball - Girls (C)	Varsity, JV, C
Gymnastics (NC)	Varsity, JV
Swimming - Boys (NC)	Varsity, JV
Wrestling (NC)	Varsity, JV

### Spring Athletics

Baseball (C)	Varsity, JV, C
Badminton - Girls (NC)	Varsity, JV
Golf - Girls (C)	Varsity, JV
Soccer - Boys (C)	Varsity, JV, C
Softball Fastpitch (C)	Varsity, JV
Tennis - Girls (NC)	Varsity, JV
Track and Field (NC)	Varsity, JV



# STUDENT PARKING AND SCHOOL MAP

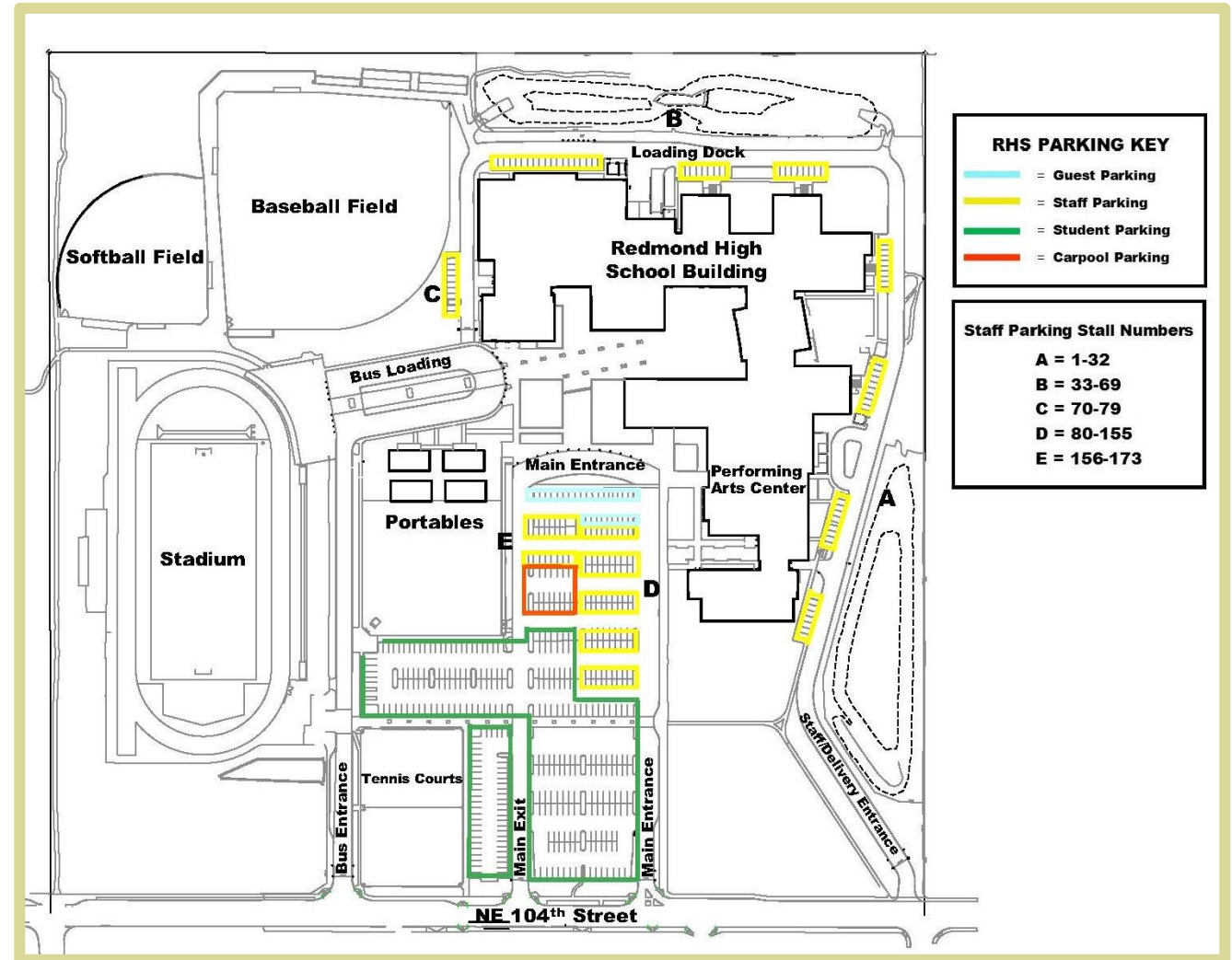


## Student Parking at RHS

Licensed students are permitted to drive to school and park on campus. Parking permits are limited, so it is important to reserve yours early! There is an annual fee for permits. Driving students may also acquire an off-campus permit allowing them to leave campus during the school day; this must be signed off by parents.

## In-School Visitors

Persons who are not RHS students or district staff are not allowed on campus during school hours without permission. Visitors are required to report to the main office to obtain a name badge. Students not attending RHS are not permitted as guests during the school day. Regular volunteers must complete an LWSD volunteer application.



# FRESHMEN FREQUENTLY ASKED QUESTIONS



**What if my student can't find his/her way to class?** Freshmen have an opportunity to familiarize themselves with the school layout during Mustang Days. Also, leadership students are always available to help guide freshmen through the halls.

**Will my student get a locker at school?** Lockers are provided on a first-come, first-served basis. With limited passing period time, many students opt out of getting a locker and instead use a backpack.

**How long before I should plan for college?** Right now! Your counselors will guide students each year through a High School and Beyond program to better prepare them for life after high school. This process and the High School and Beyond requirements start in 9<sup>th</sup> grade.

**What is Running Start?** An alternative program that allows 11<sup>th</sup> and 12<sup>th</sup> grade students to take college courses at Washington's 34 community and technical colleges. Running start students typically begin the program in their junior year and spend the last two years of high school in college level courses rather than on RHS campus. Students can opt into Running Start either part-time or full time.

**How do I know my graduation requirements?** You will work closely with your counselor to be sure that you are properly fulfilling all of your graduation requirements year by year. In-depth information on your requirements and status can be found in the course catalog and on the LWSU Parent Access page.

**Can my student play a sport as a freshman?** Yes, all students are eligible to participate if they are currently passing a minimum of six classes, do not have any outstanding sports equipment or fees, have a current registration and health exam on record, and adhere to the athletic Code of Conduct.

**Why are there seven periods at high school?** The addition of the seventh period has allowed students to explore more elective options while giving additional opportunities to achieve the full 24 credit graduation requirement. Students are required to attend all seven periods each year to be considered full time students.

**What is High School and Beyond?** The High School and Beyond Plan is a robust and structured program for preparing students for life after high school.

**What does the Career Counseling Center do?** Help with post graduation plans by providing counseling, discussion panels, and college and career speakers and visitors to help guide students and make a plan.

**Which of the Associate Principals should I contact if necessary?** You can always call the front office to schedule a call or an in-person appointment. The associate principals are matched with student by last name according to the following: Mr. Hosford: A-KE, Mr. Jones: KH-RA, and Dr. Roche: RE-Z.

# IMPORTANT REMINDERS



**Cell Phone Use:** Cell phones are to be put away in bags or pockets during class time, unless permitted for a specific academic purpose by the teacher.

**Dress Code:** Students are expected to be dressed appropriately for the occasion or task at hand, or in a manner that will not detract from the personal safety of the individual or group. A shirt, bottom (pants, shorts, leggings, a skirt, etc.), and footwear must always be worn. Clothing that is see-through, displaying offensive or distracting words, pictures or slogans, advertising or promoting alcohol, illegal drugs, or a controlled substance, or containing sexual innuendos are not allowed. Sexual organs, nipples, and the buttocks must be covered.

**Attendance:** The parent/guardian of any student who is absent from class is requested to leave a message with the school Attendance Office within 48 hours of the absence to have it considered as excused. Students 18 or older may NOT excuse their own absences unless they are supporting themselves and living independently. If your student arrives to school late or needs to leave school early (for any reason), they must go to the Attendance Office to pick up a pass before entering class or leaving campus; parents must call in advance.

**ASB Cards:** Students must purchase an ASB card to not only participate in athletics and activities, but also to attend athletic events.

**Campus:** RHS is a closed campus, all visitors must check in at the front office. Only juniors and seniors with off-campus passes are allowed to leave campus during lunch. A security camera system is in use at Redmond High School.

## Daily Schedule:

Monday, Tuesday, Friday

Period	Time
Period 1	7:30am - 8:20am
Period 2	8:25am - 9:15am
Period 3	9:20am - 10:10am
Period 4	10:15am - 11:05am
LUNCH A	11:05am - 11:35am
Period 5	11:10am - 12:00pm
Period 5	11:40am - 12:30pm
LUNCH B	12:00pm - 12:30pm
Period 6	12:35pm - 1:25pm
Period 7	1:30pm - 2:20pm

Wednesday

Period	Time
Period 2	7:30am - 8:48am
Period 4	8:53am - 10:11am
HOMEROOM	10:16am - 11:06am
Period 6	11:11am - 12:29pm
LUNCH	12:29pm - 12:50pm

Thursday

Period	Time
Period 1	7:30am - 8:48am
HOMEROOM	8:53am - 9:41am
Period 3	9:46am - 11:44am
LUNCH A	11:04am - 11:34am
Period 5	11:39am - 12:57pm
Period 5	11:09am - 12:27pm
LUNCH B	12:27pm - 12:57pm
Period 7	1:02pm - 2:20pm

Remote Learning Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
Teacher Prep Time 8:00 - 9:00	Teacher Prep Time 8:00 - 9:00	Teacher Prep Time 8:00 - 9:00	Teacher Prep Time 8:00 - 9:00	Teacher Prep Time 8:00 - 9:00
Period 1 9:00 - 10:00	Period 2 9:00 - 10:00	Asynchronous Learning & Support 9:00-12:00	Period 1 9:00 - 10:00	Period 2 9:00 - 10:00
Period 3 10:10 - 11:10	Homeroom/Intervention 10:10-11:10		Period 3 10:10-11:10	Homeroom/Intervention 10:10-11:10
Lunch 11:15 - 11:45	Lunch 11:15 - 11:45	Lunch 12:00-12:30	Lunch 11:15 - 11:45	Lunch 11:15 - 11:45
Period 5 11:50-12:50	Period 4 11:50-12:50	Teacher Prep Time 12:30-2:00	Period 5 11:50-12:50	Period 4 11:50-12:50
Period 7 1:00-2:00	Period 6 1:00-2:00	LEAP 2:30 - 4:00	Period 7 1:00-2:00	Period 6 1:00-2:00
Period 8 2:10 - 3:10	Period 8 2:10 - 3:10		Period 8 2:10 - 3:10	Period 8 2:10 - 3:10
Asynchronous Learning & Support 2:00-4:00	Asynchronous Learning & Support 2:00-4:00		Asynchronous Learning & Support 2:00-4:00	Asynchronous Learning & Support 2:00-4:00

# GETTING TO KNOW YOUR REDMOND HIGH SCHOOL STAFF



Redmond High School  
17272 NE 104<sup>th</sup> Street Redmond, WA 98052  
Phone: 425-936-1800 Fax: 425-861-7574

School Website: <https://rhs.lwsd.org/>  
Redmond High School Calendar: <https://rhs.lwsd.org/about-us/calendar>  
District Calendar: <https://tinyurl.com/yyduybt3>

- Attendance Phone: 425-936-1810
- Attendance Email: [rhsattend@lwsd.org](mailto:rhsattend@lwsd.org)
- Principal: Jill VanderVeer [jvanderveer@lwsd.org](mailto:jvanderveer@lwsd.org)
- Associate Principal: Andrew Hosford [ahosford@lwsd.org](mailto:ahosford@lwsd.org)
- Associate Principal: Rob Jones [rojones@lwsd.org](mailto:rojones@lwsd.org)
- Associate Principal: Colette Roche [croche@lwsd.org](mailto:croche@lwsd.org)
- Dean of Students: Trina Gilday [kgilday@lwsd.org](mailto:kgilday@lwsd.org)
- Office Manager: Mary Wood [mwood@lwsd.org](mailto:mwood@lwsd.org)
- Bookkeeper: Teresa Lewis [tlewis@lwsd.org](mailto:tlewis@lwsd.org)
- Athletic Director: Dan Pudwill [dpudwill@lwsd.org](mailto:dpudwill@lwsd.org)
- Athletic Office Manager: Nicole Showalter [nshowalter@lwsd.org](mailto:nshowalter@lwsd.org)
- Librarian: Greg Lawson [grlawson@lwsd.org](mailto:grlawson@lwsd.org)
- School Nurse: Sally Alfred [saalfred@lwsd.org](mailto:saalfred@lwsd.org)
- Activities Coordinator: James DiNello [jdinello@lwsd.org](mailto:jdinello@lwsd.org)

# GETTING TO KNOW YOUR REDMOND HIGH SCHOOL COUNSELORS



## Redmond High School Counseling

Phone: (425) 936-1805

**Counseling Website:** <https://rhs.lwsd.org/counseling/counseling-1>

**Appointment Booking:** <https://outlook.office365.com/owa/calendar/RHSCounseling@lwsd.org/bookings/>

**College and Career Center Website:** <https://rhs.lwsd.org/counseling/career-center>

Your counselors in the Counseling Office and the College and Career Center are here to help with all the following and so much more: academic, personal, social, and career advising, coordination of referrals for community resources, course registration and scheduling, comprehensive guidance programming delivered in classroom or other settings, monitoring of student academic credits and on time graduation plans, guidance for post-secondary planning and application requirements, external job postings for students, and financial assistance for RHS-related fees through RHS Help.

- Counseling Secretary: Jeannie Palm [ashort@lwsd.org](mailto:ashort@lwsd.org)
- Counselor – A-CH: Kimberley Herring [kiherring@lwsd.org](mailto:kiherring@lwsd.org)
- Counselor – CHA-FOT: Lindsey Hanson [lihanson@lwsd.org](mailto:lihanson@lwsd.org)
- Counselor – FOU-JO: Sarah Gray [sgray@lwsd.org](mailto:sgray@lwsd.org)
- Counselor – JU-KU: Molly Schwartz [mschwarz@lwsd.org](mailto:mschwarz@lwsd.org)
- Counselor – KW-MANE: Katie Bunyard [kbunyard@lwsd.org](mailto:kbunyard@lwsd.org)
- Counselor – MANI-PRE: Ellen Zambrowsky-Huls [ezambrowsky-huls@lwsd.org](mailto:ezambrowsky-huls@lwsd.org)
- Counselor – PRI-STEP: Derik Detweiler [ddetweiler@lwsd.org](mailto:ddetweiler@lwsd.org)
- Counselor – STER-Z: Alisa Zemke [azemke@lwsd.org](mailto:azemke@lwsd.org)
- Counselor – High School and Beyond: Nikole Lalas [nlalas@lwsd.org](mailto:nlalas@lwsd.org)
- College and Career Specialist: Andrea Cothran [acothran@lwsd.org](mailto:acothran@lwsd.org)

# GETTING TO KNOW YOUR REDMOND HIGH SCHOOL PTSA



## Redmond High School PTSA

<https://redmondhs.ptboard.com/>

### 2020-2021 Board

• President	Michelle Obenaus	<a href="mailto:president@redmondhsptsa.org">president@redmondhsptsa.org</a>
• Treasurer	Venkat	<a href="mailto:treasurer@redmondhsptsa.org">treasurer@redmondhsptsa.org</a>
• Secretary	Felice Nightengale	<a href="mailto:secretary@redmondhsptsa.org">secretary@redmondhsptsa.org</a>
• VP Comms	Alison Brandon	<a href="mailto:communications@redmondhsptsa.org">communications@redmondhsptsa.org</a>
• VP Programs	Brenda Swanson	<a href="mailto:programs@redmondhsptsa.org">programs@redmondhsptsa.org</a>
• VP Volunteers	Judy Kaethler	<a href="mailto:volunteers@redmondhsptsa.org">volunteers@redmondhsptsa.org</a>
• VP Ways & Means	Chrisite Denholm	<a href="mailto:waysmeans@redmondhsptsa.org">waysmeans@redmondhsptsa.org</a>
• VP FACE	Meredith Cain	<a href="mailto:face@redmondhsptsa.org">face@redmondhsptsa.org</a>
• VP Sustainability	Elizabeth Christian	<a href="mailto:sustainability@redmondhsptsa.org">sustainability@redmondhsptsa.org</a>
• VP Hospitality	Lisa Seeley	<a href="mailto:hospitality@redmondhsptsa.org">hospitality@redmondhsptsa.org</a>
• Membership Chair	Branda Andrade	<a href="mailto:membership@redmondhsptsa.org">membership@redmondhsptsa.org</a>
• Advocacy Chair	OPEN	
• E-Prep Chair	Vincent Bersagol	<a href="mailto:eprep@redmondhsptsa.org">eprep@redmondhsptsa.org</a>

### Become a Member - Membership Benefits Us All

Thank you to all of you who have already become Redmond High School PTSA members. We hope that you are enjoying the many benefits to being a member. We also hope that you are attending our General Membership Meetings so that your voice can be heard! That is the most powerful member benefit, so please consider getting involved and continuing our ongoing efforts to advocate for our children. Click here to learn more about PTSA Member Benefits and how you can become a member today - <https://wastatepta.org/get-involved/member-benefits/>

### Donate Today - Your Generosity Makes a Difference

Because of your generous donations to our annual Pass the Hat fundraiser, we have been able to provide enrichment programs to our students, update our emergency preparation supplies, provide appreciation and gratitude to our staff members, support our community members in need, fund several staff grants for equipment that directly effects every Redmond student, and so much more. To learn more about how you can help, visit our fundraising page - <https://redmondhs.ptboard.com/formvw/store?store=1627>

And please don't forget that you can **DOUBLE YOUR DONATION** with corporate matching!

### Stay Connected with PTSA activities, clubs, and information

We encourage you to sign up for our newsletter, Mustang News, and follow our Facebook page. These are two communication channels that we rely on to connect with each of you! Sign up for the newsletter here: <https://redmondhs.ptboard.com/school/cm?mid=2847>



# HOW CAN I GET INVOLVED AND VOLUNTEER?



## Volunteering at School

While the volunteering opportunities at the high school level are less available for parents, there are still many ways to get involved. Reach out to your teachers or Redmond staff to see how you can help and join the PTSA - these are the best ways for families to be involved and advocate for their Redmond students.

Some possible volunteer opportunities at the school may include:

- Laptop Hand-out/Drop-off
- Back to School Packet Stuffing
- Library Help
- Pantry Packs
- School Pictures
- LINKS Mentor

All volunteers (virtual or in-person) must be approved by the Lake Washington School District. LWSD Volunteer Approval Process: <https://www.lwsd.org/get-involved/volunteering-in-lwsd/volunteer-application-process>

## Volunteering with the PTSA

Without our amazing volunteers, many valuable programs and activities at RHS would not exist. Your time is valuable, and we are grateful for every volunteer minute. We have many different volunteer positions - there is something for everyone. Some positions require a year-long commitment, some require just a few hours.

Some possible volunteer opportunities at the school may include:

- Board or Committee Position
- Reflections
- SAT/ACT Practice Tests
- Senior and Graduation Events
- Family and Community Education Events
- Translator
- Campus Clean-Up

All volunteers (virtual or in-person) must be approved by the Lake Washington School District. LWSD Volunteer Approval Process: <https://www.lwsd.org/get-involved/volunteering-in-lwsd/volunteer-application-process>





504 Plan	A plan developed to ensure that a child with a disability is identified and receives accommodations that will ensure academic success
ASB	Associated Student Body – similar to student council, a student-led leadership program within the school
AP	Advanced Placement – higher level courses that students can request for their schedule
Affinity Group	A community group led by volunteers that focuses on the needs and concerns of specific cultural groups
Boosters	Non-profit organizations that help raise funds for the costs of sports, music, competitive STEM, and many more clubs and programs
CogAT	Cognitive Abilities Test – a test used to determine highly capable or gifted students
CTE	Career and Technical Education - courses are required for graduation that serve as college level credits at some community colleges
DECA	A program that prepares emerging leaders and entrepreneurs in marketing, finance, hospitality and management in high schools
Directory	An online resource for Redmond High School PTSA members that lists contact information for Mustang families
ELL	English Language Learner – this refers to students who are learning English as a second language
Eprep	A district wide initiative that ensures all schools are equipped with supplies to keep students safe during emergencies
GEAC	Gifted Education Advisory Council – a parent led association for families of gifted and highly capable students
HERD	The Redmond High School Code of Ethics – Honor, Excellence, Diversity, Respect
High School and Beyond	The High School and Beyond Plan is a robust and structured program for preparing students for life after high school
Highly Capable	Term used to describe students who qualify to participate in advanced courses
IEP	Individualized Education Program - a legal document that defines how a school plans to meet a child’s unique educational needs
InvestEd	A service that collects and often matches donations to the school, this service is used specifically through our counseling department
KingCo	King County – the official league in which our schools compete in athletics and other competitive teams and clubs
Pass the Hat	Annual fundraiser for the RHS PTSA – funds staff grants, scholarships, families in need, curriculum needs, student events, and programs

# GLOSSARY OF TERMS AND ACRONYMS

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LINKS	Looking Into the Needs of Kids and Schools – an LWSD Buddy Mentor program that helps students during school lunch times
LWSD	Lake Washington School District – the school district for Redmond High School
Let's Talk	An opportunity for families to submit questions directly to the district and the superintendent
Matching	An employer program that matches employee donations to non-profit organizations
Member Benefits	Various discounts at national businesses offered to PTSA members
Mustang News	The weekly Redmond High School PTSA newsletter
Partner Fundraising	Ways to donate to RHS through typical shopping such as AmazonSmile
PSAT	Preliminary Scholastic Aptitude Test – a standardized test given annually to sophomores to prepare for the official SAT
PTSA	Parent Teacher Student Association – a robust community of parents, guardians, teachers, students, and community members
NHS	National Honor Society – an opportunity for students to achieve academic recognition
NMSQT	National Merit Scholarship Qualifying Test – the PSAT typically taken in junior year as an application for the Merit Scholarship
NSB	National Science Bowl – a competitive STEM club
Running Start	An alternative program that allows 11th and 12th grade students to take courses at Washington's 34 community and technical colleges
SAT	Scholastic Aptitude Test – a standardized test with scores required to apply for most colleges or universities
SBA	Smarter Balance Assessment - a standardized test used to determine if students are college or career ready
Skyward	An LWSD website where families can pay fees, check grades, and get the latest school and district information
STEM	Science Technology Engineering Math
RHS Help	Fundraiser that provides funding directly to our counseling department to help students and families in need
WANIC	Washington Network for Innovative Careers - classes for specific career paths that can earn industry certifications in careers
WIAA	Washington Interscholastic Activities Association – the league in which our sports teams participate



THANK YOU AND WELCOME  
TO THE MUSTANG FAMILY!

**GO STANGS!**

